



Contemplative Dance/Authentic Movement: An Introductory Workshop

Facilitator: Alton Wasson

with Host & Translator: Hope Jinishian

This workshop will gently guide people with or without previous experience into this accessible yet powerful form of moving meditation and embodied imagination. It includes guided movement meditations, Contemplative Dance / Authentic Movement and explorations with art media, sound and nature.

For more information about the practice of Contemplative Dance or facilitator Alton Wasson, please visit www.contemplativedance.org or www.altonwasson.com.

Friday, 24 January 2014 ~ 9:30am – 4:30pm

Cost: 150 soles

Paz y Luz, Pisac, Peru

<http://pazyluzperu.com/wp/>

Please bring food to share for lunch & percussion instruments (optional)

To Register or for more information, contact:
Hope Jinishian, 991906122, dancing4peace@gmail.com, or
Alton Wasson, altonwasson@comcast.net